

# REGISTRATION FORM

AWHONN IFMC

(Please print clearly or type all information)

**Class size is limited to 12 participants**

\_\_\_\_\_  
Date(s) Institution Affiliation

\_\_\_\_\_  
Name & Credentials

\_\_\_\_\_  
Address

\_\_\_\_\_  
City State Zip

\_\_\_\_\_  
Business Phone Home Phone

\_\_\_\_\_  
Nursing License number

Textbook needed? Yes \_\_\_\_\_ No \_\_\_\_\_

**Registration Deadline-one month prior to class.**

**Classes are subject to cancellation if less than 12 participants.**

**SLHS employees must have manager's approval prior to registration.**

**Registration fee must accompany registration form to receive confirmation and class materials. The cost for this workshop is:**

\_\_\_\_\_ \$200.00 for non-system employees

\_\_\_\_\_ \$120.00 for system employees (managers approval required for payment)

\_\_\_\_\_ Textbooks may be purchased for an additional 20.00. Please notify Robin Evans if a text book is needed at the time of registration.

**Make checks for \$200.00 for non-system employees payable to Saint Luke's Hospital and return with completed registration form to:**

**Robin Evans RN, MSN  
Saint Luke's Hospital  
Room 2704  
4401 Wornall Road  
Kansas City, MO 64111**

For questions additional information, please contact  
Robin Evans at 816-932-9045 or [revans@saint-lukes.org](mailto:revans@saint-lukes.org)

# Intermediate Fetal Heart Monitoring Course

(IFMC)



***Presented by the  
Saint Luke's Health System***

Feb 21-22	Saint Luke's North
March 18-19	Diastole (near TMC)
April 14-15	Saint Luke's North
April 28-29	Saint Luke's Hospital
May 8-9	Saint Luke's Hospital
July 30-31	Saint Luke's South
September 22-23	Saint Luke's Hospital
October 20-21	Saint Luke's Hospital

## ***Workshop Overview:***

The Intermediate Fetal Heart Monitoring Course (IFMC) is a two-day course focusing on the application of essential fetal heart monitoring knowledge and skills in intrapartum nursing practice. The course consists of both didactic and skill sessions.

The didactic, or lecture, session provides an analysis of case scenarios requiring synthesis of key principles pertinent to the following:

- The physiologic basis of FHR monitoring
- Tracing interpretation
- Nursing intervention
- Verbal and written communication skills

The skill stations focus on demonstration, practice and testing of skills pertaining to the following:

- Auscultation
- Performing Leopold's maneuvers
- Placement of internal monitoring
- Interpretation of tracings
- Identification of indicated nursing interventions
- Communication and documentation

## ***Objectives:***

*At the completion of this workshop participants should be able to:*

1. Demonstrate the decision making process necessary for the proper selection and verification of FHM techniques.
2. Analyze fetal heart rate patterns, uterine activity and their implications for fetal wellbeing.
3. Correlate indicated clinical interventions with related maternal-fetal physiology.
4. Describe the role and responsibility of the professional nurse in the use of FHM in intrapartum care.
5. Simulate the psychomotor skills used in FM.
6. Communicate verbal and written data about patient status and verify accountability.

**This course is approved for 18.3 contact hours.**

The cost for this workshop is \$200.00 for non-system employees, \$120.00 for system employees. Course materials are provided. A FHMPP text is also required for class preparation and may be purchased from instructor if needed.

## ***Criteria for participation in this workshop:***

This course is designed for registered nurses with a minimum of one year of clinical nursing experience using fetal heart monitoring technology in an intrapartum setting. It is expected that the participant has basic knowledge and related skills in the following areas:

- Maternal physiologic changes of pregnancy
- Fetal growth and development
- Methods of fetal monitoring
- Preparation of patient for set up & initiation of external or internal fetal monitoring
- Obtaining and maintaining tracings that document fetal heart rate and uterine contractions
- Interpretation of contraction frequency, duration and baseline resting tone
- Identification of baseline FHR, variability and deviations
- Indicated clinical interventions
- Communication and documentation standards

